

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: SS. John and Elizabeth Charity	
If your organisation is part of a larger organisation, what is its name? Hospital of St John and St Elizabeth	
In which London Borough is your organisation based? Westminster	
Contact person: Ms Natalie Howard	Position: Trust & Legacy Executive
Website: http://www.stjohnshospice.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 235822
When was your organisation established? 01/08/1967	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. To support the core costs of our Inpatient Unit counteracting increased expenditure on one-to-one nursing, for which we do not receive any additional NHS funding.
When will the funding be required? 01/04/2019
How much funding are you requesting? Year 1: £50,000 Year 2: £45,000 Year 3: £40,000 Total: £135,000

Aims of your organisation:

The Charity's aims are to serve the sick and the dying and to seek care for the physical, spiritual and emotional needs of the person, whatever their colour or creed.

Main activities of your organisation:

We improve the quality of life of patients facing life-limiting illnesses and long-term conditions. This may be achieved through relief of suffering by means of assessment and treatment of physical symptoms, or through psychological, social and spiritual support for the patient and their family. Patients are encouraged to set their own treatment goals and be actively involved in decisions concerning their care.

Last year, we cared for more than 4,000 patients and their family members through our services, which include:

- Inpatient Unit (18 beds)
- Day Services
- Hospice@Home
- Community Palliative Care Nurse Specialists
- Lymphoedema Service
- Physiotherapy and Occupational Therapy
- Social Work and Bereavement Support
- Palliative Care Ambulance Service
- Complementary Therapies

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
55	18	9	110

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	75 years

Summary of grant request

In 2017, our Inpatient Unit provided 4,182 bed nights to 184 patients. Of these, 51% were over the age of 75 (2016: 50%).

In recent years we have seen an increase of patients requiring one-to-one nursing. As people are living longer, the rate of co-morbidities is rising (multiple illnesses in one patient, such as cancer and dementia). Experienced nursing professionals can meet their complex care needs in a way that is individual to them. The additional cost of providing one-to-one nursing is not supported by the NHS through our Clinical Commissioning Groups (CCG) funding.

From October to December 2017, ten patients needed one-to-one nursing for an average length of 17 days. Over Christmas and New Year, the Hospice experienced an unprecedented increase in need, with six inpatients requiring support at the same time. For Ahmed, an 86 year old gentleman with heart failure, round the clock care was absolutely essential. He was admitted to the Hospice for symptom control and arrived in a state of delirium. His confusion caused him to become aggressive and a danger to himself and others. Having a Healthcare Assistant on hand at all times ensured his needs were met. We supported him to return to a stable condition, so that he could be discharged home to be with his family.

This service is also incredibly important in the context of the community we serve. In Westminster, where St John's is based and our largest source of referrals, there is the highest incidence of elderly patients living alone in the country. Admission to the Inpatient Unit can also serve as a first contact for the other services the Hospice has to offer. Staff are able to refer patients and their carers to our Social Work team, who can ensure each person receives the maximum level of entitlements available. They can also help to signpost to services in the community, which can be difficult to access.

We offer complementary therapies designed to ease anxiety and reduce stress in patients. Currently, we offer this service to inpatients on a Monday, Wednesday or Friday. We are also seeking funding to extend provision to Tuesdays and Thursdays to meet increased demand.

We are the largest palliative care provider in Westminster and we work collaboratively with other local services to provide high quality, joined up care. Since the Hospital first opened in 1856 and long before the modern hospice movement, we have pioneered advanced nursing techniques for the benefit of those who were considered incurable and could not afford medical care.

We evaluate the effectiveness of our services through the robust collection of qualitative and quantitative patient data. Patient experience and involvement is crucial to shaping our service. There are regular User Involvement Events with the Inpatient Unit Team and Hospice Director where patients can directly input into the service, for example in 2017 feedback helped to shape the content of a Hospice welcome pack for patients. Patients are also engaged with special developments such as the refurbishment of our Inpatient Unit.

Our Charity's objective is the same as it was more than 160 years ago: for each person to receive care where compassion, dignity and comfort are of paramount importance. We achieve our high standards through the quality of our staff, equipment and facilities. One-to-one nursing is a clear extension of this founding objective as it is available for any patient who needs it, ensuring their safety and comfort at a time when they are vulnerable to the challenges facing so many older people today. We hope that the City Bridge Trust will choose to support the Hospice.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Care Quality Commission rating of Good (June 2017) with exceptionally positive feedback for the Hospice.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Provide one-to-one nursing for patients with cognitive impairment and communication difficulties.

Care for at least 90 over 75s patients on our Inpatient Unit.

Increase provision of complementary therapies on Inpatient Unit.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Patients over 75 report improved wellbeing using measure in the validated IPOS-5 scale.

People with a primary diagnosis of Dementia/Alzheimer's Disease are better supported.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Inpatient Unit services will continue beyond the period. Our broad fundraising strategy encompasses community events, individual philanthropy, corporate donations, events and gifts from trusts and foundations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

Westminster (60%)

London-wide (40%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff	1,754,872	1,807,518	1,861,744	5,424,134
One-to-one	200,000	206,000	212,180	618,180
Patient Costs	129,581	133,468	137,472	400,521
Medical and Non Medical Supplies	56,195	57,881	59,617	173,693
Complementary Therapies	26,386	27,178	27,993	81,557
Other Admin	27,567	28,394	29,246	85,207
Cardiology and Radiology	174,778	180,021	185,422	540,221
Overheads	1,057,880	1,089,626	1,122,305	3,269,811
	0	0	0	0
TOTAL:	3,563,01	3,669,90	3,780,00	11,012,9

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Spring Luncheon	43,261	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Lennox Hannay Charitable Trust	10,000	0	0	0
The Raine Family Charitable Trust	5,000	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
2,289/1,987/1,686 hours of one-to-one care	38,000	33,000	28,000	99,000
1,380 complementary therapy sessions over 3 years	12,000	12,000	12,000	36,000
	0	0	0	0
TOTAL:	50,000	45,000	40,000	135,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2016
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Income received from:	£
Voluntary Income	1,715,000
Activities for generating funds	
Investment Income	40,000
Income from charitable activities	54,906,000
Other sources	787,000
Total Income:	57,448,000

Expenditure:	£
Charitable activities	53,120,000
Governance costs	0
Cost of generating funds	1,120,000
Other	
Total Expenditure:	54,240,000
Net (deficit)/surplus:	3,207,000
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	117,000

Asset position at year end	£
Fixed assets	44,000,000
Investments	562,000
Net current assets	9,677,000
Long-term liabilities	11,172,000
*Total Assets (A):	43,067,000

Reserves at year end	£
Restricted funds	8,465,000
Endowment Funds	0
Unrestricted funds	34,602,000
*Total Reserves (B):	43,067,000

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	3,503,000	3,475,000	2,755,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder *	Year 3 £	Year 2 £	Most recent £
Foundation 1	100,000	100,000	100,000
Foundation 2	212,500	70,000	70,000
Foundation 3	20,000	25,000	60,000
Foundation 4	50,000	0	0
Foundation 5	15,000	15,000	15,000

*The applicant has requested that names of funders not be included in public Committee papers, as the funders have asked to remain anonymous.

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Natalie Howard**

Role within **Trust and Legacy Executive**
Organisation: